Lilly Faith Media Kit





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Author Bio

My name is Lilly and I love parenting special needs. I would not change it for the world. Who am I? Lilly has ten years' experience with parenting ASD Autism Spectrum Disorder and ADHD Attention Deficit Hyperactive Disorder. Lilly is a Interplay Therapist.

The practical aspects of parenting: we incorporated Interplay therapy training and creative parenting technique tips. I saw firsthand, evidence of what I had learnt and put into practice; it paid off in a big way.

I have worked for five years with children in childcare and after school care settings with ages from early years to primary school-aged children. After working in the childcare setting environment, I became a social worker with a not-for-profit organisation partnering with government community services.

I live and breathe to make a positive difference to children and family's lifestyles. I'm here to help you, as a parent coach and as a motivational teacher. My firstborn son was first diagnosed with Autism Spectrum Disorder (ASD) and Attention-Deficit/hyperactivity Disorder (ADHD) when he was four years old.



Now, I have two blossoming children. There has been a transformation with the before and after result as my children are happier than ever before. Every day that goes by, I see incredible advancements with their development growth, in every area of their childhood.

I'm so thankful for parenting special needs and would love to help parents and children make an unprecedented change in their world; families can be more functional and manageable with parenting children on the spectrum of Autism and ADHD.

My book "Set Free Autism and ADHD" will provide you with strategies that worked for me and my family; we overcame the impossible times of parenting Autism and ADHD. The book is a manual to help parents and caregivers on what to do basics with the initial stage of receiving a diagnosis of Autism and ADHD and the progress steps to overcome the diagnosis. This is a 'tell-all' story; my memoir of parenting my children.

Target Audience

- Parents and caregivers
- Early Intervention-young children
- Families
- Special needs training centres
- Autism Qld
- National Disability Insurance Scheme providers
- Childcare centres
- Applied Behaviour Analysis centres
- Schools
- Research centres

Book Benefits

Parents and caregivers, what you can gain from reading "Set Free Autism and ADHD", is insight into my strategies and a transformational change to assist your child and your family. I would like to reassure you as a parent coach that this is intended to strengthen your relationship with your child. My recommendation is to follow a step-by-step process helping your child to achieve goals.



Together, it is proposed to implement a development plan which will be customised to suit your child's needs. Once you start reading "Set Free Autism and ADHD", I hope that you will be captivated and drawn into the world of Lilly Faith and her children.

You will experience the emotional moving roller coaster ride we, as parents, went through in parenting our children. I hope that you will experience awakening moments and that you will discover new strategies and be enlightened; may this have a positive change for you, and your family; in other words, a positive step forward. I hope I have provided this information in easy-to-follow steps so that you can implement these easily. Trust yourself, and just do it. For my family, this has been life changing. It will change your children and you and anyone that is associated with you. "Set Free Autism and ADHD" is a must read.

Book Excerpts

Our Views on Parenthood

I see one of the greatest gifts is becoming a parent; I see parenting is a gift and children are a blessing. The science of human reproduction alone is a miracle. It is a mind-blowing thought of how wonderfully magnificent human beings are created. As a mother or father, you are responsible for this little human.

Marcus, my husband, and I, believe good parenting is achieved by supporting our children emotionally, socially, spiritually, physically, and intellectually from infancy to adulthood years. We both yearn to be good parents who show unconditional love, to the best of our ability. We want to be loving and supportive role-models demonstrating unconditional love, to the best of our ability and knowledge.

Throughout this journey, we will share with you a pre-diagnosis, diagnosis, and treatment, and what life is like living with autism. I have interacted with Doctors, Sensory Specialists, Occupational Therapists, Speech Therapists, Psychologists, Educators, Applied Behaviour Specialists, Behaviour Therapists, and other Practitioners.



I have used much of the advice of these qualified professionals and incorporated practical, logical, and theory-based information, applying it to my son's life.

Early intervention is imperative for your children to thrive as an adult. Today, living with autism is manageable, and your children can be successful in an everyday lifestyle.

The true bare-all story: the good and not so good of parenting Autism and ADHD.

Testimonials

"I recently read "Set Free Autism and ADHD" that is based on Lilly's son's experience. This should be a handbook for many parents. It provides insight and hope. Determination and true grit are required when we have challenges concerning our children's health.

"I loved the parental tips that were provided filled with values and how this experience can actually bring parents and children closer to each other. Patience and empathy and believing there must be another way. The rewards are great as the improvement in Noah's outlook.

"I have purchased the book to hand out to my clients in my clinic. It's a great story of working together in the higher interest of Noah. The emotions, the trials and tribulations and joy! Well done great family!!"

—Anita Montersino (Naturopath)

"Set Free Autism and ADHD" brings new awakenings of parenting autism and ADHD. If you are going through a time of darkness, after reading this book, there would be light which will penetrate and replace the darkest moments of parenting special needs. This book brings transformation change, which is a game changer."

-Lucy Petschy (Parenting ASD and ADHD)





"While reading the book, I felt like I was on a gentle journey towards understanding how a mother's love can lead to empowerment, strength, and determination. This journey will surely bring any reader towards the same, no matter their relationship to the Autistic community.

"The author shares insight into the process towards acceptance, the impact on the family dynamics, the need for knowledge and understanding, and the action plan to bring it all together. It is like reading a novel and manual combined; impacting both the emotional and intellectual thought process, which will certainly guide readers into action!"

> —Stacy Badon (Autism Education Specialist, Sensory Enrichment Therapist, Parent Coach)



Interview Questions

- 1. Why did you decide to share your story?
- 2. Why did you start this writing journey?
- 3. What are your hopes and dreams with "Set Free Autism and ADHD"?
- 4. What is parenting Autism and ADHD like for you?
- 5. What would you like to see come from "Set Free Autism and ADHD"?
- 6. What's something the readers wouldn't know about you?
- 7. What's next for Lilly Faith?



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